STYLE
Papers organized according to American Psychological Association or APA guidelines generally include the following elements, each beginning on a separate page:

Title Page (in header “Running head: TITLE” and page number)
Abstract (a paragraph describing the entire paper)
Body and Subsections within the body with headings
Tables and Figures
References

Be sure to check with your instructor to determine the specific expectations for your paper.

IN-TEXT CITATIONS
APA style for properly crediting your sources requires notes within the text of your work that point the reader to an alphabetical list of your sources called the “References” page. When you note the source of information used (direct quote or paraphrase), you need to list the last name of the author followed by a comma, and then the year of publication.

Single author  (Deeks, 2017)
Two authors  (Deeks & Williams, 2018)
Three to five authors: First citation lists all authors starting with the first author listed in your source. The citations after may refer to the article by the principal author plus “et al.” [et al. abbreviation for et alii (Latin) short for “and others”]. All authors must be listed in the references section.

(Deeks, Williams, & García, 2019)
Then (Deeks et al., 2019)
Six or more authors: Name only the first author listed in the source and format as: (Author et al., Year). All authors must be listed in the references section.

(Deeks et al., 2020)

APA style requires the period after the citation (Deeks, 2017).

If you refer to the author(s) directly in your text, only list the year. For example, it was Dr. Seuss who once wrote: “The more that you read, the more things you will know. The more that you learn, the more places you’ll go” (1978).

Page numbers are included as needed (Deeks, 1999, p.3).
REFERENCES

Each cited source in your APA paper should appear on your “References” page. “Citation of an article implies that you have personally read the cited work” (American Psychological Association, 2010). Citation generators such as “Knight Cite APA” and “NCSU Citation Builder” and “Zotero” can be great time-savers, but as with any tool, we strongly advise that you examine and control the quality of each generated citation. E.g. [abbreviation for exempli gratia (Latin) “for example”] APA titles are capitalized like sentences, not Each Word in the Title, and citation generators may not do this for you.

Begin the list of references on a new page at the end of your essay, using the same format as your essay (i.e., one-inch margins, running head, and page number) [i.e. abbreviation for id est (Latin) “that is”].

Center the word “References” at the top of the page.

Double-space all references.

Entries in your list of references should be alphabetized by the authors’ last name.

References

